



ALLERGY & ASTHMA SPECIALISTS OF CADILLAC

MARTIN DUBRAVEC, MD

THE HISTORIC MITCHELL HOUSE

200 EAST MASON STREET • CADILLAC, MI 49601

PH: (231) 779-4444 • FAX: (231) 779-2859

WWW.MARTINDUBRAVEC.YOURMD.COM

SKIN TESTING INFORMATION SHEET

A visit to see an allergist often involves skin testing. Certain medications may affect skin testing.

Please note the following. (You are welcome to call us if you have any questions.):

- ⊖ Sunburn and tanned skin should be avoided for at least one week before skin testing.
- ⊖ If you are taking asthma medications such as Advair, Vanceral, Beclovent, Flovent, Azmacort, Aerobid, Pulmicort, Proventil, Ventolin, Albuterol, Serevent, Accolate, Symbicort or Theophylline, **it is important you continue taking them.**
- ⊖ Please call the office if you are taking medications for **high blood pressure**, anxiety, depression, or trouble sleeping, as we will review these medications with you before deciding whether or not you need to stop them before skin testing.

⊖ All antihistamines or combination antihistamine/decongestants, including over-the-counter allergy medications must be stopped (if possible) prior to your skin testing appointment. Examples include the following:

2 days prior to skin testing:

Skin creams and lotions (it is only necessary to stop these on the arms or back)

Accolate
famotidine
montelukast

Pepcid
ranitidine
Singulair

Tagamet
Zantac

3 days prior to skin testing:

Actifed
Allarest
Antivert
Astelin
azelastine
Benadryl
CTM
chlorpheniramine

Contac
Dayquil
Deconamine
Dimetapp
diphenhydramine
Drixoral
Duratap
Extendryl

meclizine
Nyquil
olopatadine
Optivar
Pataday
Patanase
Robitussin (when
combined with antihistamines)

Rondec
Rynatan
Simply Sleeping
Tavist
Tussi-12
Tylenol PM
Zaditor
Zzzquil

5 days prior to skin testing:

Alavert
cetirizine
Claritin

levocetirizine
loratidine
Tussionex

Xyzal
Zyrtec
QlearQuil

7 days prior to skin testing:

Allegra
Atarax
Clarinx
cyproheptadine

desloratidine
doxepin
fexofenadine
hydroxyzine

Marax
Periactin
Phenergan
Vistaril