



ALLERGY AND ASTHMA SPECIALISTS OF CADILLAC

MARTIN DUBRAVEC, MD

THE HISTORIC MITCHELL HOUSE

200 EAST MASON STREET • CADILLAC, MI 49601

PH: (231) 779-4444 • FAX: (231) 779-2859

www.martindubavec.yourmd.com

Date: _____

Patient: _____

Appointment Date: _____ Time: _____

Welcome to our office. Enclosed you will find the following:

1. ***General Information for our Patients.***
2. ***Skin Testing Information Sheet – Please review the medications on this list and discontinue them as instructed.***
(Please note that the decision to perform skin tests is based on the medical condition(s) for which you are seeing us and will be determined by Dr. Dubavec during your visit. Many allergic conditions require skin testing, and we recommend discontinuing medications to ensure that skin testing can be completed if necessary.)
3. ***Patient Allergy/Asthma History Questionnaire – Please complete the left side of this form prior to your appointment.***

Health Insurance Information: – Your medical coverage is a contract between you and your insurance company. Please verify coverage prior to your appointment. You will be responsible for any billed amount that insurance does not pay. We strongly feel that any healthcare decisions should be made between you and your doctor and without interference from insurance plans. We do not restrict ourselves from seeing any patients regardless of whether or not they have insurance with which we participate.

Please bring the following to your appointment:

1. ***Patient Allergy History Questionnaire.***
2. ***Your Current Insurance Card(s).***
3. ***Any medications*** (or a ***written list of your medications***) you are currently taking, including any skin creams, non-prescription, or herbal/alternative therapy.

Please note the following:

1. All patients under 18 years of age must be accompanied by a parent and/or guardian for the entire visit.
2. Initial appointments may take 2 to 3 hours, so please schedule appropriately. Please arrive 10 minutes early.
3. If you have any questions or concerns, please feel free to contact us at (231) 779-4444.
4. Please notify us at least 24 hours in advance if you must cancel or reschedule. This allows us to make time available for other patients waiting to be seen.
5. ***For the health of our patients, we ask that you refrain from wearing any perfumes or colognes while in our office. Thank you for your cooperation.***
6. Patients with service animals should not bring them to their appointment. If it is absolutely necessary a service animal be at the appointment, accommodations will need to be made. Please call ahead of time.

Our goals: Compassionate care and quality service. We look forward to meeting you!

Sincerely,



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SKIN TESTING INFORMATION SHEET

A visit to see an allergist often involves skin testing. Certain medications may affect skin testing. Please note the following. (You are welcome to call us if you have any questions.):

- ⊖ Sunburn and tanned skin should be avoided for at least one week before skin testing.
- ⊖ If you are taking asthma medications such as Advair, Vanceril, Beclovent, Flovent, Azmacort, Aerobid, Pulmicort, Proventil, Ventolin, Albuterol, Serevent, Accolate, Symbicort or Theophylline, **it is important you continue taking them.**
- ⊖ Please call the office if you are taking medications for **high blood pressure**, anxiety, depression, or trouble sleeping, as we will review these medications with you before deciding whether or not you need to stop them before skin testing.

⊖ **All antihistamines or combination antihistamine/decongestants, including over-the-counter allergy medications must be stopped (if possible) prior to your skin testing appointment. Examples include the following:**

2 days prior to skin testing:

Skin creams and lotions (it is only necessary to stop these on the arms or back)

Accolate	Pepcid	Tagamet
famotidine	ranitidine	Zantac
montelukast	Singulair	

3 days prior to skin testing:

Actifed	Contac	meclizine	Rondec
Allarest	Dayquil	Nyquil	Rynatan
Antivert	Deconamine	olopatadine	Simply Sleeping
Astelin	Dimetapp	Optivar	Tavist
azelastine	diphenhydramine	Pataday	Tussi-12
Benadryl	Drixoral	Patanase	Tylenol PM
CTM	Duratap	Robitussin (when	Zaditor
chlorpheniramine	Extendryl	combined with antihistamines)	Zzzquil

5 days prior to skin testing:

Alavert	levocetirizine	Xyzal
cetirizine	loratidine	Zyrtec
Claritin	Tussionex	QlearQuil

7 days prior to skin testing

Allegra	desloratidine	Marax
Atarax	doxepin	Periactin
Clarinx	fexofenadine	Phenergan
cyproheptadine	hydroxyzine	Vistaril